

# COOKING TECHNIQUES – ANCIENT GREEK MEDITERRANEAN CUISINE (PART 2)



#### **Course Objective**

To prepare participants with the basic cooking skills of Greek Mediterranean cuisine needed to work as a kitchen help in the kitchen.

#### **Course Content**

- Creamy Cheesy Baked Pasta with Meat (Pastitsio or Pasticcio)
- Hearty Bean Soup (Fassolatha or Fassolada)
- Honey Spice Cookies (Melonmakarona or Phoenikia)

#### Who should attend

Persons interested in entering the hospitality, food and beverage industry.

#### Assumed Skills and Knowledge

No requirement.

#### Entry Requirements

No formal qualification required.

## **Course Duration and Time**

9 hours (inclusive of 1-hour break) 9am – 6pm

Venue ICASTEC : 1A Short Street Campus #01-05 Singapore 188210

#### More Information Attendance Criteria: 100% Course Medium: English

**Course Fees** \$290

Refund Policy	Refund
Withdrawal notification received at least 14 calendar days before course commencement	75% refund of paid fees
Withdrawal notification received less than 14 calendar days from the course commencement OR Upon course commencement	No refund of pai d fees

### **Other Information**

Registration will close 2-3 weeks before the course commencement date or when class is full. Enquiries : 6535 4187

Version 2.1 (Information accurate as at 12 February 2019)

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